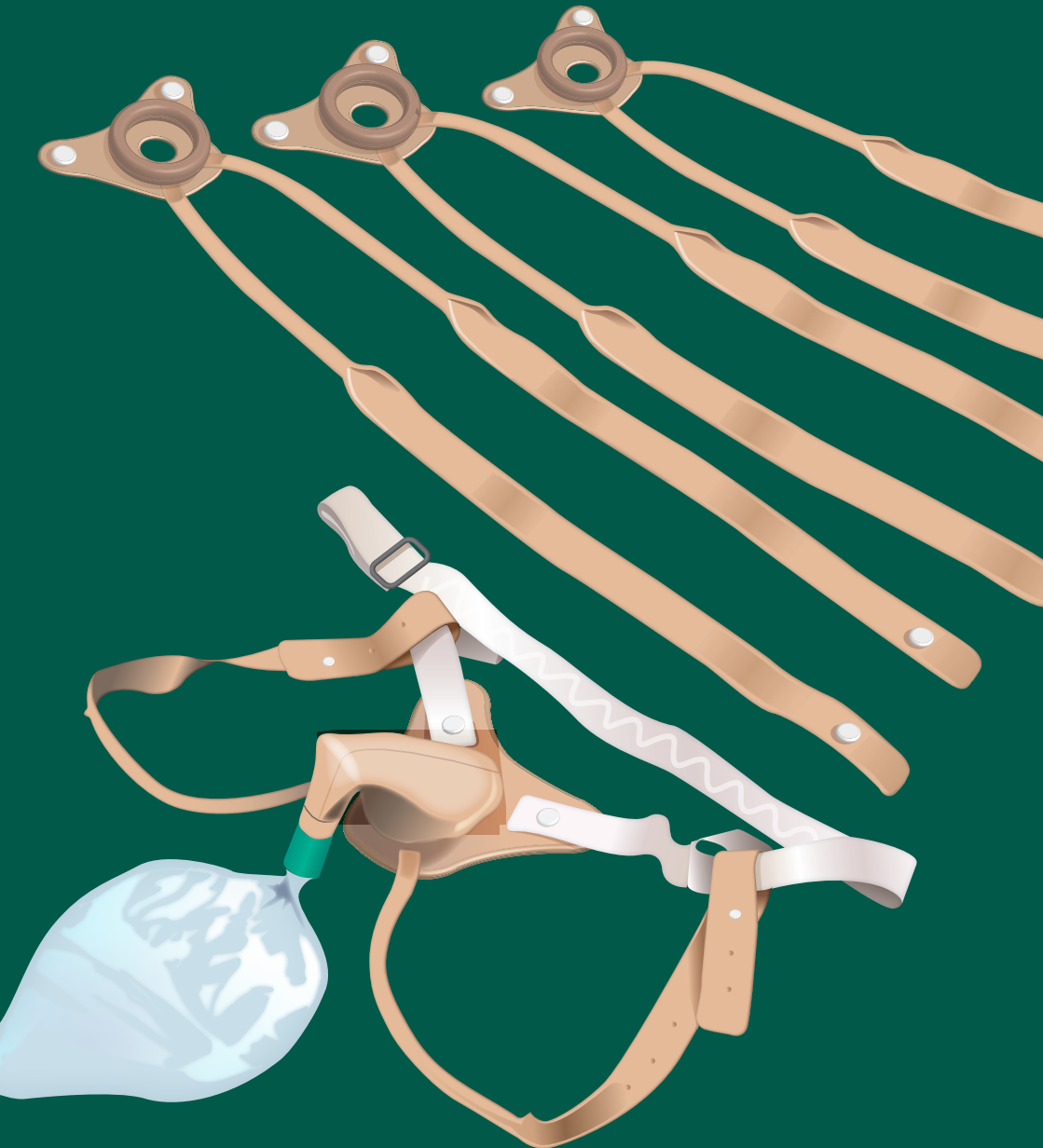


**Supporting you in the management of your urinary appliance** (Pubic Pressure or Body Worn Appliance)



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NHS Prescription Dispensing Service



# Supporting you in the management of your urinary appliance (Pubic Pressure or Body Worn Appliance)



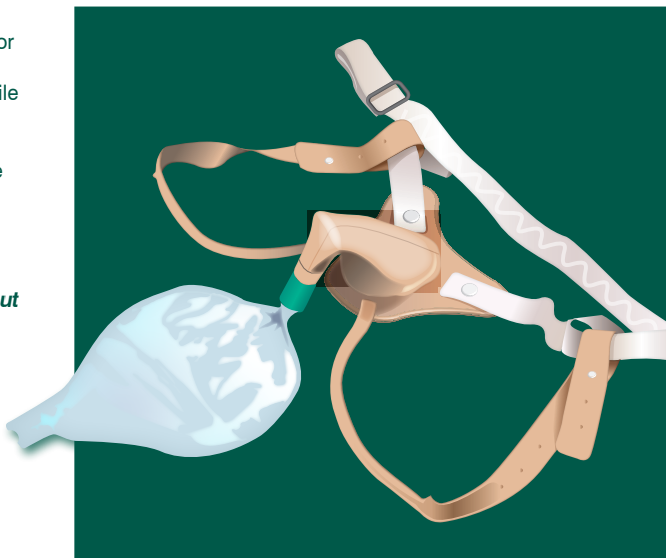
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A body worn urinal or appliance may be used as an alternative to a urinary sheath or indwelling catheter. It offers versatility and many such appliances will counteract penile retraction.

Therefore, a body worn appliance can succeed where a sheath system may have previously failed.

***It is very important that anyone wanting to use a body worn urinal has a full assessment and correct fitting carried out by an appropriately trained practitioner.***

Your specialist nurse will be able to show you what appliances are available to you and can measure you for the product to ensure that you have the best fit and therefore the best outcomes.



## Preparation:

Once your appliance is available to you, your nurse will help you fit it correctly for the first time and make sure that you are confident in removing, refitting and washing it.

- Before fitting, wash and dry the pubic area thoroughly.
- As many of the body worn appliances available have a high rubber content, you may use a small amount of barrier cream on and around your penis as well as in the groins.
- **DO NOT use petroleum-based products such as Vaseline as these will cause your appliances to perish.**

## Fitting:

- Attach the elastic waist belt to one side of your appliance/cone by placing the stud on the appliance through the button hole on the belt.
- Position your penis in to the cone of your appliance and then fasten the other side of the cone to your belt.
- Adjust the belt so that it is tight but still comfortable.
- Draw the under straps of your appliance between your legs and under your buttocks and fasten them to the waist belt using the studs and the loops on the belt.
- Make sure that the straps are not twisted.
- Make sure that the wider side of any studs are against your skin and not the narrow side as these could dig in to your skin.
- Attach a drainage bag to your appliance - you can either have a leg bag that screws directly on to the end of the rubber cone of your appliance or you can fit an extension tube and then have any short tube leg bag.

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## Wear your appliance sensibly:

As wearing a urinary appliance usually means having studs and rubber directly against your skin, it is important to wear it in gradually.



Check your skin regularly as spotting a red mark early is far better than having to deal with an established and severely broken sore or pressure area.

## Cleaning, storing and caring for your appliances

- Remove your appliance after the designated wear time
- Wash it in warm soapy water
- Rinse and towel dry thoroughly
- Lightly dust your appliance with unperfumed talcum powder.
- Store your clean appliance in a cool dry place out of direct sunlight.
- If you use two appliances in rotation and care for them properly, they should last around 3-months.
- When your appliances start to show signs of perishing or they are not as effective as they were, remember to order new supplies on prescription (after 3-months)
- Remember to change your leg bags every 5-7 days



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LINC Medical

Available on  
prescription

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If you have any questions or need further support please do not hesitate to contact us.

Your Nurse is:

Nurse Contact Number:

## Your Prescription Requirements

Manufacturer	Product	Prescription Code	Pack Size

To order further supplies on prescription please contact Manfred Sauer Care

**Freephone: 0800 999 5596**  
**info@manfredsauercare.co.uk**  
**Monday – Friday 9am – 5pm**  
**www.manfredsauercare.co.uk**